



Churchtown Counselling & Psychotherapy Clinic,  
5A Beaumont Avenue, Churchtown, Dublin 14.  
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www.churchtowncounselling.com

## Intensive Foundation in Counselling and Psychotherapy

**100 Hours**

**Date: 31st March**

**Fee: 1000 Euro**

**Phone: (01)4419885, 0861000049**

This Intensive Foundation course in counselling offers participants the opportunity to pursue an interest in counselling. In addition, it prepares people for entry into professional counselling training courses

### Course Duration

This Intense course will run for 16 weeks. Classes are on Thursdays, (10.00am - 4.00pm) the teaching and learning will take the form of lectures, discussions and group work as well as counselling skills practice. Students will be encouraged to take an active approach as adult learners.

### Course Structure

Personal awareness and development;  
Knowledge of theories of counselling;  
Skills training, including the opportunity to participate in a  
*Professional supervision session*  
Multi-cultural awareness

### Course Outcome

Students who successfully complete the course will be awarded a Certificate in Counselling. It is important to note that this is not a professional qualification in counselling.